

**IFBB JUNIORS & MASTERS  
WORLD BODYBUILDING,  
FITNESS, BODY FITNESS & WHEELCHAIR BODYBUILDING  
CHAMPIONSHIPS**

**BIALYSTOK, POLAND  
November 13 – November 16, 2009**

**DRUG TESTING CONSENT & WAIVER OF LIABILITY**

PLEASE READ THIS FORM CAREFULLY

In order to participate as a Competitor in this Event, I the undersigned Athlete do hereby agree to be bound by the IFBB *Constitution and Rules*, the IFBB *Code of Ethics*, and the IFBB *Anti-Doping Rules*. I further agree to cooperate fully with the IFBB and the Event Organizer. I understand, accept and agree to the following conditions:

**DRUG TESTING CONSENT**

1. That the IFBB has the right to conduct drug testing at this Event, pursuant to the IFBB *Anti-Doping Rules*.
2. That if I am selected for drug testing, I will cooperate fully with the drug testing officials at all times and will, under the direct observation of a witness, provide a sample of my urine without undue delay.
3. That if I am subsequently found guilty of an *Anti-Doping Rule Violation*, I will respect and abide by the relevant rules and regulations governing results management, including those pertaining to hearings and appeals.
4. That I accept sole responsibility to remain current with the rules and regulations governing this Event, including the IFBB *Anti-Doping Rules*, which I acknowledge are made available online at [www.IFBB.com](http://www.IFBB.com).
5. That I do hereby declare and make oath that I am competing in this Event free from Prohibited Substances and Prohibited Methods.

**WAIVER OF LIABILITY**

1. That I understand that in order for me to participate as a Competitor in this Event, I must agree to be bound by this Waiver of Liability and that I do so willingly and of my own free will.
2. That I agree to waive any and all claims I may now and in the future have against, and release from all liability and agree not to sue the International Federation of Bodybuilding & Fitness (IFBB), its affiliated National Federation in the country of the Championships, the Event Organizer, the IFBB and Event officials, volunteers, agents or representatives, the

official hotel and official competition venue and their staff, hereinafter referred to as the “Released Parties”, for any personal injury, death and property damages, expenses or loss sustained by me as a result of my participation in the Event due to any cause whatsoever, including, without limitation, negligence or breach of statutory duty on the part of the Released Parties.

3. That I agree that medical and personal injury insurance coverage while participating in this Event is solely my responsibility and that I agree to be responsible for and to pay for any and all costs that may arise as a result of my requiring medical and/or other special services and, in any event, should the Released Parties incur any cost for any such services for me personally, I agree to reimburse the Released Parties for all costs of these services as may be incurred by them for my benefit or at my request.
4. In entering into this agreement, I am not relying on any oral, written or visual representations or statements made by the Released Parties to induce me to participate in this Event.
5. I confirm that I am the full age of majority or, in the alternative; I have indicated that I am the guardian of the minor participant named, and that I have read and understand this agreement prior to signing it and agree that this agreement will be binding upon me (as a participant or guardian), my heirs, next of kin, executors, administrators and successors

\_\_\_\_\_  
PRINT FIRST & LAST NAME

\_\_\_\_\_  
COUNTRY

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

**THIS FORM MUST BE SIGNED BY THE ATHLETE AND PRESENTED TO THE IFBB BEFORE THE COMPLETION OF THE WEIGH-IN AND REGISTRATION, FAILING WHICH THE ATHLETE WILL NOT BE ALLOWED TO COMPETE. INFORMATION ON THIS EVENT AND ON IFBB RULES AND REGULATIONS MAY BE FOUND AT [WWW.IFBB.COM](http://WWW.IFBB.COM).**

**INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS**  
Calle Jaén,8 – Madrid, Spain, Tel: **(34) 91 535 2819**; Fax: **(34) 91 535 0320**  
E-mail: [internacional@santonja.com](mailto:internacional@santonja.com) Website: [www.ifbb.com](http://www.ifbb.com)