



## FINAL ENTRY FORM

### IFBB JUNIORS & MASTERS WORLD BODYBUILDING, FITNESS, BODY FITNESS & WHEELCHAIR BODYBUILDING CHAMPIONSHIPS

Bialystok, Poland, November 13 - November 16, 2009

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee **AS SOON AS POSSIBLE BUT NO LATER THAN NOVEMBER 02, 2009.**

**PLEASE PRINT CLEARLY**

Federation name: .....	
Fax: .....	
E-mail: .....	
1 <sup>st</sup> delegate: .....	Passport number: _____
2 <sup>st</sup> delegate: .....	Passport number: _____
<b>Junior Men Bodybuilding up to 75kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Junior Men Bodybuilding over 75kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Junior Men Fitness open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
<b>Junior Men Classic Bodybuilding:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
<b>Junior Women Bodybuilding open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
<b>Junior Women Fitness up to 163cm:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Junior Women Fitness over 163cm:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Junior Women Body Fitness up to 163cm:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Junior Women Body Fitness over 163cm:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 40-49, up to 70kg:</b>	

„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 40-49, up to 80kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 40-49, up to 90kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 40-49, over 90kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 50-59, up to 80kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age 50-59, over 80kg:</b>	
„A” team: _____	Passport number: _____
_____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Bodybuilding, age over 60, open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Classic Bodybuilding, up to 40, open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Men Wheelchair Bodybuilding, open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Women Bodybuilding, age up to 35, open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Masters Women Body Fitness, age up to 35, open:</b>	
„A” team: _____	Passport number: _____
„B” team: _____	Passport number: _____
_____	Passport number: _____
<b>Judge 1:</b> _____	Passport number: _____
<b>Judge 2:</b> _____	Passport number: _____
<b>Test Judge 1:</b> _____	Passport number: _____
<b>Test Judge 2:</b> _____	Passport number: _____
<b>Extra delegates &amp; supporters:</b>	
1. _____	Passport number: _____
2. _____	Passport number: _____
3. _____	Passport number: _____
4. _____	Passport number: _____

Please be advised that there will be twenty (20) categories at these Championships as follows: Junior Men Bodybuilding up to 75kg, Junior Men Bodybuilding over 75kg, Junior Men Fitness (open), Junior Men Classic Bodybuilding, Junior Women Bodybuilding (open) , Junior Women Fitness up to 163cm, Junior Women Fitness over 163cm, Masters Men Bodybuilding age 40-49 (up to 70kg), Masters Men Bodybuilding age 40-49 (up to 80kg), Masters Men Bodybuilding age 40-49 (up to 90kg), Masters Men Bodybuilding age 40-49 (over 90kg), Masters Men Bodybuilding age 50-59 (up to 80kg), Masters Men Bodybuilding age 50-59 (over 80kg), Masters Men Bodybuilding age over 60 (open), Masters Men Classic Bodybuilding up to 40 (open), Masters Men Wheelchair Bodybuilding (open), Masters Women Bodybuilding age up to 35 (open), Masters Women Body Fitness age up to 35 (open).

[Each National Federation may send up to a maximum of twenty \(20\) athletes, as a „A”- team, nine \(9\) junior athletes in “B”-team and unlimited number of athletes in masters “B”- team to the World Juniors & Masters World](#)

Amateur Bodybuilding, Fitness, Body Fitness and Wheelchair Bodybuilding Championships, with maximum of two (2) "A"-team athletes per category and maximum of two (2) "B"- team juniors per category.

**IMPORTANT:** Three (3) or more athletes- two (2) official delegates permitted. Less than three (3) athletes- one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

**It's very important to feel the following data's to get a proper transfer.**

**Arrival:**

Date: ..... Time:.....Airport: .....

Airline: ..... Flight number: .....

**Departure:**

Date: ..... Time:.....Airport: .....

Airline: ..... Flight number: .....

**PLEASE RETURN THE FINAL ENTRY FORM, INDICATING THE ACTUAL NAMES OF YOUR TEAM MEMBERS NO LATER THAN NOVEMBER 2, 2009 TO:**

**Send the Final Entry Form to:**

**Maniac Gym**

Organizing Committee

Phone: + 48 85 740 69 31

Fax: + 48 85 732 38 16

E-mail: info@maniacgym.pl

**Please copy all correspondence to**

Mr Pawel Filleborn

Organizing Committee

Polish Bodybuilding and Fitness

Federation

Phone: +48 22 550 0967

Fax: +48 22 550 0968

Email: p.filleborn@neostrada.pl

**Please copy all correspondence to:**

International Federation of Bodybuilding  
and Fitness

Dr. Rafael Santonja

IFBB President

Phone: +34 91 535 2819

Fax: +34 91 535 0320

E-mail: [international@santonja.com](mailto:international@santonja.com)